



Mud Pie Explorers Covid Secure Guidelines

These Covid secure guidelines are in place to protect our learners, visitors and team members. This is a working document which is regularly reviewed as new guidance and legislation is published, and as the situation develops overtime.

Last update: 19th July 2021

Our covid secure practices conform to government guidance for out of school settings which can be found here: [Protective measures for holiday and after-school clubs, and other out-of-school settings during the coronavirus \(COVID-19\) outbreak - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/protective-measures-for-holiday-and-after-school-clubs-and-other-out-of-school-settings-during-the-coronavirus-covid-19-outbreak).

Group sizes

Current covid regulations do not place limits on group sizes outdoors and our agreement with South Gloucestershire Council states we may take groups of 30 people into Lincombe Barn Woods. However, we choose to keep groups small to maintain the quality of our service.

After school clubs in schools will be limited to 12 children and 2 team members.

Parties will be limited to 12 children, 3 accompanying adults and 2 team members.

Forest School sessions will be limited to up to 9 children and 4 adults. Parents/ carers will not attend unless the needs of their child require them to do so.

Groups for under 5's will be limited to 10 children and 10 adults, with 2 members of our team.

Registers are kept for all groups in line with our GDPR policy.

Hygiene and reduction of transmission

All attending sessions will use hand sanitiser at the start of the session (minimum 60% alcohol) this will be administered by a nominated team member.

Hands will be washed with soap and water for 20 seconds before eating, after coughing/ sneezing and after toileting.

Hand sanitizer is not sufficient to clean hands in muddy environments. During sessions we use soap and water for handwashing. There are individual paper towels to dry hands that will be placed by the individual in a bin with a lid.

When a learner or team member coughs or sneezes they will wash their hands with soap and water, for at least 20 seconds. Team members will teach and role model coughing/ sneezing into their elbow crease. Tissues will be put into the bin by the person that used it. The bin will be emptied safely at the end of the session.

Anyone who is physically ill cannot attend a Mud Pie Explorers session. Anyone becoming unwell during a session will be sent home.

Team members are encouraged to engage in twice weekly asymptomatic testing. Tests can be ordered here: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Team members and parents/ carers are encouraged to use the NHS track and trace app.

Cleaning and disinfection

Although we are not required to create 'bubbles' with our groups we have chosen to continue with our cleaning and disinfection regime.

Frequently touched equipment such as fire-starting equipment and tools will be cleaned with antiviral spray at the end of each session.

Other kit will be quarantined, or thoroughly, cleaned between groups. Lengths of quarantine depend on the material the items are made from:

Material	Length of quarantine
Metal	3 days
Material	2 days
Plastic	3 days
Paper and card	24 hours
Wood	2 days

Face coverings

Where we are supporting clinically extremely vulnerable children (with the go ahead from a medical professional to do so) we may be required to wear a face mask. In these instances, team members will need to:

- wash hands thoroughly with soap and water for 20 seconds or use hand sanitiser before putting a face covering on, and before and after removing it
- when wearing a face covering, avoid touching your face or face covering, as you could contaminate them with germs from your hands
- change your face covering if it becomes damp or if you've touched it
- change/ wash your face covering daily

Cooking

One team member will be the designated cook, their hands will be washed for at least 20 seconds:

- Before handling any food or cooking equipment
- Before handling clean cutlery, dishes, glasses, or other items to be used by the group
- After handling dirty or items used by the group

Before eating everyone will wash their hands with soap and water for at least 20 seconds.

Plates, bowls, cups and eating utensils will not be shared.

Positive cases

When a learner or team member develops symptoms compatible with coronavirus (COVID-19), they will not be permitted to attend sessions. If they are in a session they will be sent home.

Those with symptoms must follow current government guidance around testing and isolation. Advice can be obtained at [NHS.UK](https://www.nhs.uk) or contacting NHS 119 to arrange a test.

If the learner or team member tests negative but is unwell, they should not return until they are recovered.

Where the learner or team member tests positive, NHS Test and Trace will speak directly to those they have been in contact with to offer advice- this will include those who attended our session with them.